

## **Breakfast—Monday**

### **WASH HANDS BEFORE ALL FOOD PREPARATION**

Apple juice, cereal, scrambled eggs, bread, butter, jam, cocoa

#### Food List

12 cans apple juice  
1 gallon milk  
1 loaf bread  
jelly  
24 eggs  
margarine  
25 packages of cocoa  
12 boxes of cereal

#### Utensils

2 pots, 2 frying pans

#### Preparation

Read complete instructions TWICE before starting.

Serve ALL the food you have been issued.

#### Cooks

1. Put 1 pot of water on to boil for cocoa
  2. Break all the eggs into a pot. Add 1 & ½ cups of milk and 1 & ½ teaspoonfuls of salt. Beat well with a fork.
  3. Heat both frying pans and melt 1 tablespoonful of margarine in each. Pour half of the egg mixture in each pan. Cook gently over a low fire. As the eggs set around the edges, scrape them toward the center. Keep doing this until the whole mixture is set but not too dry. Keep eggs near the fire to keep warm.
  4. Set out the juice, bread, jam, cereal and milk.
1. When the water boils, follow the directions on the packages for cocoa.